

MILES FOR MEALS



WALK • RUN • ENABLE

Saturday . April 14 . 2018

Martin Sports Complex

Register:

NWTDD/HRA
124 Weldon Drive
Ph # 731-587-4213, ext. 211

Mail form:

Miles for Meals
P. O. Box 963
Martin, TN 38237

Age Divisions:

8-10	30-39
11-13	40-49
14-19	50-59
20-29	60-69
70+	

Awards:

5K – Presented to the top 3 males and females in each age division.

1 Mile Fun Run/Walk – Will be given to the 1st, 2nd, and 3rd place finishers in each age group.

Schedule:

7:00 am Registration Begins

8:00 am Race Start Time

REGISTRATION FORM

	Pre-Register (By 3/23)	Race Day
<input type="checkbox"/> 5K Run	\$20.00	\$25.00
<input type="checkbox"/> 10K Run	\$20.00	\$25.00
<input type="checkbox"/> 5K Walk	\$20.00	\$25.00
<input type="checkbox"/> 1 Mile Fun Run/Walk	\$20.00	\$25.00
<input type="checkbox"/> Additional Donation \$		
		Total \$

Name: _____

Address: _____

Phone: _____

Email: _____

Age: _____

Birthdate: _____

Male

☐

Female

☐

T-shirt size

(Guaranteed for pre-registrations received by 3/23)

☐ Small

☐ Large

☐ XX-Large

☐ Medium

☐ X-Large

In signing and submitting this entry form, I, intending to be legally bound, my heirs, executors and administrators do hereby release and discharge Northwest Area Agency on Aging & Disability, any and all vendors, sponsors, volunteers, and staff connected to the operation and running of this event, from any liabilities arising from illness, injury, and damages I may suffer as a result of my participation in this event. I also attest that I am physically fit and have trained sufficiently for this event.

Signature (Parent or Guardian required if under 18) _____